

PLATEAU

THE PLANT CAFE VEGAN & VEGETARIAN

Falafel & Hummus (v+) 14.5
Served in a wholemeal pitta with a huge serving of garden salad. Served with tahini sauce and hummus

Add Halloumi 1.5

Traditional Burger (v+) 13
A delicious quorn based burger with a meat-like flavour. Served in a wholegrain roll with garden salad, (NGCI) bun available on request

Nutty Tofu Burger (v+) 13
A lovely mixture of grains and nuts bound with tofu. Served in a wholegrain roll with garden salad

Spicy Bean Burger (v+) 13
Our best seller - a hearty burger made with mixed veg with a bit of spice! Served in a wholegrain roll with garden salad, (NGCI) bun available on request

Garden Salad (v+) 10.5
Freshly made daily a delightful I3 ingredient salad
Served with homemade vinaigrette
Ask without vinaigrette to go (NCGI)

Add Halloumi (v) 1.5

BAKED BIRD

Oven baked chicken - not fried! Halal Chicken

> 6 Wings & Fries 13 Baked wings & fries

Cluckin' Fries 13
Boneless chicken & fries

Vegan' Fries (v+) 13
Tempura cauliflower & fries

HOMEMADE SAUCES

BBQ Smokin' Barbie w. truffle mayo

BUFFALO \
I'm so Buff w. garlic mayo

ASIAN I'm Soy Saucy w. kimchi mayo

EXTRAS 6 Wings **8.5** Wings Sharebox **16**

HANOI KITCHEN

BUN NOODLE SALAD BOWLS
Hanoi Kitchen's signature dish served with a choice of:

Garlic and Lime Chicken 14.5 Grilled Honey Pork 14.5 Marinated Tofu (v) 14.5 King Prawn 15

All with vermicelli rice noodles (room temp), pickled carrots, lettuce, fresh coriander, crispy shallots finished with a delicious nuoc cham dressing (lime, chilli, garlic and a touch of fish sauce)

SPRING ROLLS 6

A crisp filo pastry roll, filled with sautéed vegetables, served with a sweet chill dipping sauce

(v) vegetarian (v+) vegan (NGCI) Non-gluten containing ingredients Please ask for allergen information



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BEYROOTS

WRAPS & SALAD BOXES

Chicken Shish Tawouk 13
Fresh chargrilled chicken drenched overnight
in the Beyroots Tawouk marinade
Lettuce, tomato, pickles
Garlic (Toum), Chilli (Harr)

Falafel (v) 11 Homemade, handrolled falafel balls on a bed of hummus Lettuce, tomato, pickles Garlic (Toum), Chilli (Harr), Tahini (Tarator)

> + Halloumi Slices 2 + Falafel Ball 1.5 + Hummus 2

Zaater Tossed Fries 4.5

PABELLON

VENEZUELAN FOOD

MAINS

Choose from Beef, slow cooked beef brisket (Halal)
Chicken, slow cooked shredded chicken (Halal)
Veggie, slow cooked black beans (v)
Vegan, slow cooked black beans (no cheese) (v+)

Pabellon 14.5

Venezuelan rice box with the protein of your choice, white rice, black beans, pico de gallo, avocado, plantains and half arepa

Arepa & Fries II

Filled corn bread with the protein of your choice,
Cheddar cheese, pico de gallo, avocado, plantains and a
side of skin-on fries

Loaded Nachos 13:5
Tortilla chips topped with the protein of your choice, cheese sauce, avocado and pico de gallo

Loaded Fries 13.5
Skin-on fries topped with the protein of your choice, cheese sauce, avocado and pico de gallo

ADD-ONS

Garlic sauce, homemade garlic mayo I Jalapenos, sliced hot green pepper I Spicy sauce, homemade spicy guasacaca I Soured cream 1.5

SIDES
Skin-on Fries **5.5**Corn tortilla chips **5**Cheesy fries, skin on fries with cheese sauce **7.5**Cheesy nachos, corn tortilla chips with cheese sauce **7.5**