

2024 RHS HAMPTON COURT PALACE GARDEN FESTIVAL RHS ALLOTMENTS

Please note: all information is provided by exhibitors and is subject to change.

For images and further information including full planting lists, please contact showspr@rhs.org.uk

1) Gateway to Health

Designer: Yasmin Allen and Kathryn Teo

Media Contact Name: Yasmin Allen Media Contact details: <u>Yasmin.j.allen@gmail.com</u> / 07824880695

A blend of art, nature and oral science is the basis for this garden. The design includes a large mouth-like structure, a front area with tooth-like gravel and seating. The open sculptural 'mouth' is a call to action to combat the effects of poor oral health. The garden explores how exposure to microbes in the soil when gardening can affect the body's immunity, inflammation and mental health through the skin microbiome. Though the message of the garden has serious undertones, it is designed to inspire joy with vibrant colours and its grand scale. The water feature, reflective of saliva, gives a light-hearted nod to the garden's focus.

Planting and colour scheme

The front of the garden is densely planted with mint, spilling over the edge of the bed and reminding visitors of oral products with their distinctive aroma. Rose campion and *Amaranthus cruentas* 'Hot Biscuits' with their red, pink and brown tones reflect the 'lips' of the mouth, while the muted earthy tones and naturalistic grass planting of the rest of the garden contrasts with the charred wood and steel rebar parts of the design.

2) Grow to Learn: Learn to Grow

Designer: Bagshot Infant School

Media Contact Name: Miss K Aldred Media Contact details: <u>k.aldred@bagshot.surrey.sch.uk</u> / 07542030577

A garden has existed at Bagshot Infant School since at least 1911. Children have a real voice in choosing what they grow and are actively involved in all aspects of the garden, from gathering seeds, sowing and transplanting, to watering, weeding and harvesting. The allotment features four quadrants of planting and an area for making recycled newspaper plant potsand transplanting and sowing seeds. The garden also features a solar-



powered irrigation system, which waters the upcycled pallet herb garden. A favourite of the children, the garden design includes a strawberry bed and a grow-to-cook bed too. Just like the children's garden at school, the allotment is also fully accessible.

Plants and colour scheme

The allotment features only edible plants, such as tomatoes, strawberries, yellow courgettes and edible flowers. The runner beans are a particular favourite of the children, as they enjoy their transformation from bright red flowers to plump beans.

Relocation

All plants will be taken back to Bagshot Infant School, to be planted in their school garden.

3) Kitchen Garden at THE PIG

Designer: Ollie Hutson

Media Contact Name: Emma Cripwell Media Contact details: <u>emma@emmacripwell.com</u> / 0775440143

This allotment garden is a true celebration of the seasons in a British kitchen garden, to show visitors just how simple and rewarding growing your own food can be. Inspired by the walled kitchen gardens that are at the heart of each of THE PIG properties, seasonal veg and edible flowers provide vibrant colours and dynamic texture to this small-space garden.

Planting and colour scheme

The planting is reminiscent of a typical British kitchen garden, featuring climbing French beans, sweetcorn, creeping savoury and edible flowers.

4) The Community Brain – Mini Moments celebration

Designer: The Community Brain and 121 Collective

Media Contact Name: Robin Hutchinson Media Contact details: robin@thecommunitybrain.org / 07974403299

This allotment has been designed to celebrate the 60th anniversary of the Mini Cooper winning the Monte Carlo Rally for the first time in 1964. An iconic symbol of the 'swinging sixties' and a memorable feature of *The Italian Job*, the Mini Cooper was designed just over two miles away from the garden in Surbiton. The design features three stylised versions of the minis from the film, planted with red, white, blue and yellow flowers.



Planting and colour scheme

The colour scheme incorporates red, white, blue, and yellow flowers, to represent the iconic red, blue, and gold minis of *The Italian Job.*

Relocation

The garden will be relocated to Surbiton near to the original John Cooper garage.

5) Nature's Haven Tea Garden

Designers: Claire Charalambous and Aleksandra Brown

Media Contact Name: Claire Charalambous Media Contact details: <u>info@natureshaven.net</u> / 07880775731

The designers of this allotment wanted to create a tea garden, to celebrate the nation's love of a cup of tea. The garden reflects their passion for the restorative qualities of plants and the healing abilities and purposes they can have.

The jasmine-covered archway welcomes visitors into the garden and leads them into the allotment, where raised beds have been stationed for accessible planting. The garden also features a cooking area, complete with communal seating and a dresser to store jars of dried plants and roots. A beehive serves as a source of honey, to naturally sweeten any teas, and the water butt and compost heap ensures the garden is sustainable.



Visitors can also spot a teapot bird's nest, feeder and bee hotel in the garden too.

Planting and colour scheme

Aside from the manuka bush, all of the plants that feature on this garden can be used to make highly nutritious teas. From the anti-inflammatory benefits of nettles to star jasmine, a natural relaxant for the mind and body, this garden is filled with a whole host of popular herbal tea options. In addition to the abundance of live plants, the garden also features a variety of dried flowers, leaves and roots that can be used in teas.

The colour scheme is eclectic and organic, with the sole purpose of being as vibrant as possible, to attract pollinators.

Relocation

The plants and all materials will be taken back to the Nature's Haven Healing garden and planted up by their volunteers, to be used in their tea blending workshops.

6) The Found Garden

Designer: Sally Tillson

Media Contact Name: Auberon Bayley Media Contact details: <u>admin@cultivatelondon.org</u> / 07495183669 This garden is designed around a central structural element, representative of the residential blocks in and around Cultivate London's community gardens. Around this central element, the garden is divided into quarters, each tackling an important element of urban gardening. From found and recycled materials and pollinator friendly plants which must compete with paved spaces, to urban orchards and edible ornamental container planting, this garden has something everyone can connect with.



Planting and colour scheme

This garden features plenty of edibles, such as herbs, fruit and berries. *Nigella* adds pretty flowers to the urban corners of the planting, climbing achocha draws the eye upwards, and *Amaranth* is an interesting and exotic addition to this allotment.

Relocation

Plants will be shared among volunteers or rehomed at the community garden.

7) Ground Breaking Projects: A Shared Experience

Designer: Steve Mann

Media Contact Name: Steve Mann Media Contact details: groundbreakingprojects@live.co.uk / 07944909209

This garden is designed in two halves, both dedicated to the benefits of healthy eating, but each in their own distinct ways. Half of the design highlights how the symptoms of menopause can be relieved with fresh fruit and vegetables. The second section of the garden includes vegetables that can ward off illness, such as kale and cauliflower. In particular these vegetables have been chosen for their ability to ward off prostate cancer, something the designer himself has experienced. Symptoms of both prostate cancer and menopause are displayed on labels throughout the garden to encourage conversations about shared experiences amongst visitors.

Planting and colour scheme

Amongst these edibles, acers and grasses have been planted to evoke the peace of a traditional Japanese garden, to encourage visitors to relax, another vital message for maintaining health.

Relocation

Vegetables will be given away to be eaten, and the grasses and acers will be replanted in the Ground Breaking Projects' Japanese Garden.

8) Be Our Guest – Positive Conversation: Living Well With Arthritis

Designer: Colin Beevor

Media Contact Name: Colin Beevor Media Contact details: <u>colin.beevor@porthosp.nhs.uk</u> / 07826789621 To inspire conversations around living well with arthritis, this garden has been set around a dining table and chairs, themselves turned into raised beds that feature an array of popular edibles. As gardening has physical and mental health benefits for people who live with the condition, this garden hopes to inspire those with arthritis to take it up. The space has been designed, grown and built by NHS staff from the Department of Rheumatology at the Portsmouth Hospitals NHS Trust, alongside members of a local Arthritis Action community group in Hampshire.

Planting and colour scheme

Root vegetables such as carrots, turnips and swede are abundant in the raised beds of this garden, jostling for space alongside green leaf edibles like cabbage and cauliflower sprouts. Potatoes, peas, and beans can also be found within these planters, and seasonal bedding flowers add bursts of vibrant colour.

Relocation

All plants will be returned to the growers and the structures will be shared with those who will find them useful.