

Garden Orchestra

What do we need to bring?

- Clipboards
- Paper and pens if you would like to record descriptive language

Activity

- Choose an area in the garden, stand still and close your eyes or to look down at your feet.
- Take some deep breaths to relax and then listen closely to the sounds around you. Each time you hear a sound put your hand up and describe the sound. What do you think it is? Is it natural or made by people? How does it make you feel? What words would you use to describe it?
- Try walking through the garden looking at your feet and pay attention to how the sounds change in different areas.
- Now try making sounds using natural materials and body percussion. Can you create a garden orchestra inspired by the sounds around you? Try different spots and compare the sounds you can hear.

Where can we do it?

Anywhere in the garden.

What is the best time of year?

Any time

Follow up activity

- Use collected descriptive words as inspiration for creative writing activities or create a piece of music inspired by the noises in the garden.
- Research Foley Artists and have a go at recreating natural sounds using different materials. Could you create a soundtrack for a piece of drama?

